

## Lap Band Procedure

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In learning how Lap Band Changes Lives, overweight individuals see how this relatively simple surgical procedure can change their outlook on life and make them not only healthier, but feel better about themselves.

With the lap band procedure, a patient after gaining approval will be operated on for generally less than an hour's time. The procedure is done under general anesthesia and oftentimes does not require an overnight stay in a hospital.

A lap band surgeon will make some tiny incisions in the stomach area and insert a lap band to the upper part of the stomach. As patients soon discover how Lap Band Changes Lives, they see that the device limits the amount of food they ingest, thereby cutting down on weight gain.