

## Another Success Story

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Having tried a number of weight loss measures, Angelica was in need of finding a weight loss program that worked.

According to Angelica, she was in desperate need of getting help. Her self-esteem was really declining with all the weight she was dealing with. At the age of 31, it was time for a change.

For Angelica, even playing with her children was a challenge with being overweight. She would return from work and head straight for bed as a result of being so tired and worn out. For a woman who wanted to spend more time with her children, the challenges were right in front of her.